


HOSPITAL FOR SICK CHILDREN
DEPARTMENT OF PSYCHIATRY

PROGRESS NOTE


NAME: Lisa SHORE
DOB: 1987-11-20
HSC #: 1631889
WARD: 5C
DATE SEEN: March 17, 1998

The Consultation-Liaison Team was asked to see Lisa upon her re-admission to HSC this past Sunday. Lisa is a patient who is being followed by Dr. Jeavons who is presently on vacation and will be resuming her care on Friday, March 20th. The Pain Management Team wanted a psychiatric consult because of the ongoing difficulties in managing Lisa's pain. Lisa continues to have intermittent periods of pain which she describes as stabbing and which can last up to one hour. During these periods of time she will become quite distraught. The patient has been treated with Tylenol 2 and 3, as well as morphine 3 mg. q3h for breakthrough pain. Lisa's mother reports that the only therapy which has helped Lisa was an epidural block. Mrs. Shore expressed her frustration that the pain has not been adequately managed or the cause of pain not clearly determined.

In addition to meeting with Lisa alone on the ward, the family was seen by myself and Dr. Geist on Wednesday, March 18th. At that meeting, we acknowledged Lisa's distress and her difficulty in tolerating the intermittent periods of intense and stabbing pain. During the meeting, Lisa did have an episode of acute pain. We attempted to "model" for the parents an approach which incorporated some distracting techniques during the pain. Lisa was somewhat distracted and managed to continue conversation throughout the attack. We, of course, explained to the parents that our present role is limited to helping the family and Lisa cope with the pain episodes. We acknowledged that upon Dr. Jeavons' return that he will continue to follow the family. We made a recommendation on the chart to give Lisa some low dose Lorazepam (.05 - 1 mg p.o.) when she has these acute attacks.



Neal Westreich, MD
Resident in Psychiatry



Rose Geist, MD, FRCP(C)
Staff Psychiatrist & Supervisor
/pf
cc Dr. Michael Jeavons